

Getting Started

It can be hard sometimes to discover how to grow spiritually alongside our kids. The next 5 weeks are a great opportunity to experiment as a family and develop new spiritual muscles. Think of the following ideas as experiments. There's no right way to do them and chances are, it may not go the way you expect the first time around. But try something, adapt it to your family, learn from it, and then try again.

Week 1 | Daily Time With God

- Find a time every day (could be dinner, bedtime, bath time, etc.) to play High/Low/Pray (or Happy/Crappy/Pray)
 - Everyone shares a high from today and a low - and after everyone shares, thank God for the highs and pray for the lows.
 - Additional Questions:
 - Where did you see God at work today?
 - Today, when were you feeling joyful? Sad? Excited? Angry? Anxious? Calm?
- Younger kids: pray at bedtime and/or read a story from a children's bible
- Younger and Older kids: Open the Crossroads App and pick a few verses to read (or read the whole chapter together)
- For preteens, check out the [Kids Bible Experience on the Bible App](#) for a daily bible experience
- Here's another option for a daily bible and prayer experience you can do as a family:
[Lectio365-Family](#)
 - [Apple](#) | [Android](#)
- Pick a verse to focus on for the week:
 - Write it somewhere you'll see it often (maybe somewhere in the kitchen or living space)
 - Read it sometime during a meal or at bedtime
 - Pick a different translation each time you read it
 - Use the questions below (Receive Teaching Weekly) to discuss the verse
 - If your kids are readers, let them read it out loud
 - Consider memorizing it together

Week 2 | Receive Teaching Weekly

- Watch Kids' Club weekly teaching content together. There's a unique option for older kids and younger kids.
 - KC APP
 - [Apple](#) | [Android](#)
 - Get it on your smart TV
 - [Apple TV](#) | [Fire TV](#) | [Roku](#)
- Questions you can always ask to start a conversation:
 - What can we learn about what God is like from that verse/story?
 - Why do you think God put that story/verse in the Bible for us to read?
 - What do you think God wants you/us to do/know/remember/practice?

Week 3 | Share Your Story

- Kids want to know about you and your life, including stories about your life before you became their parent. So share some stories (even the unflattering parts).
 - What were you like when you were the age of your kid(s)?
 - In terms of following Jesus, when did things start to make sense for you (or if you're not sure you would call yourself a follower of Jesus yet, what are your current thoughts about Jesus?)
 - Where appropriate, share the current struggles/questions you're wrestling with and how you're processing them through the lens of faith in Christ.
- Talk about a time when you believe God was at work in your life. Is there something recent you can talk about?
- Help your kids discover their own stories by telling them what you see in them. This could be a note of encouragement you stick in a backpack, calling out when you see them growing in a specific way, or reflecting God's character in a situation or season.
- Tell your family's story. How did your family come to be? What was unique about the addition of each person? Looking back, how was God at work in building your family? What do you think God is up to now in your family?

Week 4 | Baptism

- If you've been baptized, share your story. When? Why? Who was there? What did/does it mean to you?
- If your child has been baptized, it's a great time to revisit that moment. If you have pictures or videos, scroll through them and look at them together. Take the opportunity to talk about what baptism means and why it still matters now.
- Read about some baptisms in the Bible:
 - Jesus - Matthew 3:13-17 | John 1:29-34
 - Ethiopian Eunuch - Acts 8:26-40
 - Paul - Acts 9:10-19
- Check out [God's Story Baptism](#) for an overview of what the Bible says
- Maybe your kid has been thinking about getting baptized, but you aren't sure if they are ready. You'll find some great tools on the [Kids' Club Baptism Page](#) including an article to help you navigate the question [Is My Kid Ready for Baptism](#). If you know your child is ready and wants to sign up (pre-registration is required), you can do so [here](#).

Week 5 | Join Community

- Sometimes the best way to increase community is to invite others into what you're already doing or planning to do. Look at your calendar over the next few weeks. What are you already doing that would be easy to include some other people? Pick someone and ask them to join you. Even better, involve your kids and let them decide who they'd like to invite.
- Check out the list of possible activities in the Grow Guide on pages 86-87 and see what appeals to your family. Pick one (or more), decide who you're going to invite to join you, and then do it.
- Is there something you want to add to your calendar on a regular basis that could be an opportunity to grow your community?
 - Game night
 - Pancakes on a Saturday morning once a month or Taco Tuesday
 - Movie night